

Permitted Snack List

Thank you for using this list to help protect the safety and health of students with life threatening peanut and tree nut allergies. Manufacturing practices often change without notice. Please read the labels when purchasing snacks. Avoid snacks that may contain peanuts, peanut flour, peanut oil, and tree nuts including almonds, cashews, pistachios, filberts, Brazil nuts, macadamia nuts, hazelnuts, pecans, pine nuts, and walnuts.

Fruit

Fruit leather:

Fruit cups

Fruit by the Foot

Fruit sauces

Annie's Bunny Fruit Snacks

Vegetables

Fruit Gushers

Cheese

Welch's Fruit Snacks

Yogurt

Archer Farms Fruit Strips

Pudding

Clif Kid Z-Fruit

Bagels; Lenders, NY, Thomas

Seitenbacher gummies

Fruit Roll Ups

Hostess: Ding Dongs

Kellogg's and Betty Crocker chews

Twinkies

Other:

Zingers

Sunbutter

Cupcakes

Soybutter

Nutri Grain Bars

Ranch Dressing

Market Place cereal bars

Snackwave Trail Mix

Jerky:

Poptarts

Slim Jim

Back to Nature poptarts

Jack Links

Fruit K Bars; Strawberry, Blueberry, Raspberry

Turkey Perky

Cheesecake

Tom Tom Turkey Snack Sticks

Cookies:

Pinwheels

Market Pantry sandwich cookies

Oreos: original, double, blizzard cream, heads and tails, golden; Brownies

Chips Ahoy: original, chunky

100 Calorie Right Bites

Entenmann's Little Bites

Snackwells, Snackwells Brownie Bites

Fruit/Fig Newtons

Teddy Grahams

Keebler: Deluxe Grahams, E.L Fudge, Graham Bites, Oatmeal Fudge Stripes,

Enjoy Life Chewy Bars

Kini Kritters, Kini Toos Cookies

Montana Chocolate Chip Snacks

Back to Nature Cookies (excluding Dark Chocolate Granola and nut containing)

Annie's Bunny Cookies

Lucy Cookies

Cereals:

Three Sisters cereals

Nature's Path Cheerios

Cheerios: cinnamon burst, fruity, strawberry, apple cinnamon,

Lucky Charms

Apple Jacks

Pops

Fruit Loops

Cracklin Oat Bran

Kellogg's Rice Krispies, Cocoa Rice Krispies

Crispix

Cinnamon Toast Crunch

General Mills:

Cookie Crisps

Golden Grahams

Cocoa Puffs

Kix

Trix

Corn Chex

Kashi:

Honey toasted Oat

Cinnamon Harvest

Golden Goodness

Berry Blossoms

Honey Sunshine

Quaker Life, Oatmeal Squares

Crackers and Chips:

Frito Lay and Lays brands

Sunchips

Kettle Brand Chips

Lays Kettle Cooked Chips

Tostitos

Cheetos

Kettle Grand Tias

Pringles

Cape Cod Kettle Chips

Combos

Market Place Cheez Balls

Chex Mix; Traditional and Bold

Soy Crispettes

365 Pita Chips

365 Tortilla Chips

Smart Food Popcorn

Popcorn

Viggie Stix

Stacy's Bagel and Pita Chips

Annie's Pretzels

Glutino Pretzel Sticks

365 Potato Chips

Vita Spelt Pretzels

Pop Chips

Unique Pretzels

Pretzel Crisps

Rold Gold Pretzels

Ritz Crackers

Ritz Crackerfuls

Ritz Munchables

Special K Crackers

Saltine Crackers

Oyster Crackers

Goldfish Crackers

Nabisco Crackers

Wheat Thins Crunch Stix

Wheat Thins

Triscuits

Market Place Woven Wheat

Nabisco Grips

Cheez It, Cheez It Snack Mix

Nabisco Honey Graham Crackers

Market Place Graham Crackers

Teddy Grahams

Keebler Deluxe Grahams

Safe Candy for Students with Peanut, Tree Nut, Milk, Egg and Wheat Allergies:

Skittles, Starbursts, Dum Dum pops, Sweedish Fish, Sour Patch